

ANE-NPR Newsletter

MARCH 2022

UNIVERSITY OF
SOUTHERN INDIANA[®]

College of Nursing and
Health Professions

Nurse Practitioner Residency Program

VOL 2, ISSUE 3



In 2019, the University of Southern Indiana (USI) was awarded a four-year \$1.7 million federal HRSA grant to develop this 12-month residency program for nurse practitioner (NP) graduates in primary care settings serving rural and underserved populations in southwestern Indiana.

The 2022 cohort of residents continue to participate in didactic education and specialty rotations in southwest Indiana. Specialty rotations include orthopaedics, behavioral mental health, pediatrics, geriatrics, dermatology, podiatry, OBGYN, ENT, endocrinology, wound treatment, nurse navigator, injection clinic, drug treatment court, telehealth, Stepping Stone addiction services, and many unique opportunities to learn more regarding the homeless populations.

The ANE-NPR will continue to support the residents as they venture through the last half of the program mentoring them in their clinics and providing ongoing program didactics.

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PROCEDURE WORKSHOP

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This workshop was so far the best experience for the program!

Overall it was a great workshop and should be continued~

**Procedure Workshop:
Resident Survey**

The residents participated in a procedural workshop focused on education and demonstration by professional instructors. The topics/instructors included:

- **Alan Swartz, FNP: ECHO Clinic - Suturing, Incision and Drainage**
- **Derek Shelton, ACNP: Orthopaedic Associates - Joint Injections**
- **Kim Heathcott, MSN NP: Deaconess - Skin Biopsies**
- **Ciara Hammer, NP: Deaconess - Women's Health**
- **Carly Andrews, MHA: USI - Telehealth**

Positive workshop feedback was acquired from the Workshop Survey. This will definitely be an aspect of the program we integrate next year.

HOT DIDACTIC TOPICS!



**KIM HEATHCOTT,
NP**
Deaconess
• Dermatology



**BRANDI NEELY,
NP**
Deaconess
• Pediatric
Asthma



**DR. KATHY
REIDFORD**
University of Southern
Indiana
• Crisis Intervention



TYLER GILHAM
AIDS Resource Group
• HIV Facts and
Prevention



**JENNIFER
EMMONS, RN**
Family Health
Center
• CMS Quality
Indicators



ANGIE MORRIS, RN
Area Health Education
Center (AHEC)
• Sexual Assault: Part
1, 2, 3



DR. MARIE PEASE
University of Southern
Indiana
• Providing a Holistic
Approach to Care



**KELLIE JARBOE,
NP**
Evansville Christian
Health Clinic
• Management of
STI's and
demonstration



JON ROBB, PHARM D
CVS
• Prescribing CS's
and the Law. Use
of Inspect



JOHN RICH, RN
Patchwork Central
• Care of the
Homeless and
Marginalized
People



**DR. JULIE
MCCULLOUGH**
University of
Southern Indiana
• Nutrition of
Chronic
Diseases



DR. LORI PHILLIPS
University of Southern
Indiana
• Strengths Finder 2.0:
A Discussion
• Emotional
Intelligence 2.0
• Time Management
and Balancing Pt
Time in a Busy Office
Practice



**MATRIKA BROWN,
PMHNP**
Southwestern
Behavioral Health
Care
• Anxiety and
Depression:
Diagnosis and
Treatment

TRAINING MODULES

MEDICATION FOR ADDICTION TREATMENT (MAT) TRAINING:

Medications for Addiction Treatment (MAT) of Substance Use Disorders involves a combination of medications that target the brain and psychosocial interventions (e.g., counseling, skills development) aimed at improving treatment outcomes. Research shows that medications and therapy together may be more successful than either treatment method alone.

The residents individually completed the first 8-hour online session of MAT training. This was an introduction that focused on a broad range of substance use disorder treatments, its primary focus is on treatment of opioid use disorders (OUD). Opioids include a class of drugs often prescribed for pain—morphine, fentanyl, oxycodone, and hydrocodone—as well as illicit drugs, such as heroin.

CHRONIC PAIN SERIES

The Chronic Pain Series provided the residents with knowledge on treating chronic pain. The curriculum was created in an effort to consolidate the vast amount of information available to clinicians into a course that provides clinicians with the information, resources, and knowledge they need to treat their patients who suffer from chronic pain, including non-pharmacological treatments. The result is the most comprehensive and up to date curriculum developed thus far for the treatment of chronic pain.



Project ECHO (Extension for Community Healthcare Outcomes) uses proven adult learning techniques and interactive video technology (the ECHO Model™) to connect groups of community providers with specialists at centers of excellence in regular real-time collaborative sessions. The sessions, designed around case-based learning and mentorship, help local workers gain the expertise required to provide needed services. Providers gain skills and confidence and specialists learn new approaches for applying their knowledge across diverse cultural and geographical contexts. As the capacity of the local workforce increases, lives improve.

Organizations replicating the ECHO Model are called “hubs.” The ANE-NPR program collaborates with IU and IUPUI's Project ECHO hub. During the residency, NP residents will participate in various topics presented by Project ECHO including:

- **Hepatitis C (HCV)**
- **LGBTQ+**
- **HIV**
- **Opioid Use Disorder - IU**
- **Adolescent Substance Use Disorder Prevention - IU**
- **Opioid Use in Pregnancy - IU**
- **Integrated Pain Management**
- **COVID-19 Response**

DISSEMINATION

The Nexus Conference

“COLLABORATION IN ORAL HEALTH WITHIN A NURSE PRACTITIONER RESIDENCY PROGRAM”

An abstract and poster presentation was given in the Fall 2021 at The Nexus (virtual conference). This is a national conference with the focus being interprofessional collaboration.

The poster presentation discussed interprofessional collaboration between dental hygiene and nurse practitioner faculty in adding enhanced content in oral health education in a Nurse Practitioner Residency Program. Results of the collaborative process demonstrated success in residents promoting oral health care within primary care.

JAANP Article

“ORAL HEALTH IN PRIMARY CARE: INTEGRATION OF ENHANCED ORAL HEALTH EDUCATION IN A NURSE PRACTITIONER RESIDENCY PROGRAM”

An article was accepted and published in the Journal of the American Association of Nurse Practitioner (JAANP) in the fall of 2021.

The manuscript discussed implementation strategies of enhanced content in oral health education material in a nurse practitioner residency program. The researchers found that the addition of enhanced oral health education materials in the program resulted in improved knowledge and confidence in the residents to incorporate oral health care in their practices.