

Alzheimer's Disease & Dementia Caregiver Support Group

What is Alzheimer's Disease?

- Alzheimer's disease is *not* a normal part of aging.
- It is the most common form of dementia among older adults.
- It involves parts of the brain that control thought, memory, and language and can seriously affect a person's ability to carry out daily activities.
- The cause of Alzheimer's disease is unknown.
- The disease usually begins after age 60, and the risk goes up with age.
- As many as 6 million Americans suffer from the disease.
- It is the 6th leading cause of death among American adults, and the 5th leading cause of death for adults aged 65 years and older.

~ National Institute on Aging



Memorial Hospital and Health Care Center's Alzheimer's Disease & Dementia Caregiver Support Group is held for family, friends, and caregivers of those who are living with dementia. The purpose of the support group is to offer a place to exchange practical information on caregiving problems and solutions; talk through challenges and ways of coping; share feelings, needs, and concerns; and learn about resources available in the community.

Medical Arts Conference Room
721 West 13th Street
First Tuesday of Each Month
6:30 - 8:00 p.m.

Pre-registration is not necessary.

*(You must wear a mask and temperature checks will be administered.
We will follow CDC recommendations for safe social distancing.)*

For more information about the Alzheimer's Disease and Dementia Caregiver Support Group, please visit Memorial Hospital's website at www.mhhcc.org and click on "Classes & Events" or call 812-996-2915.

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