

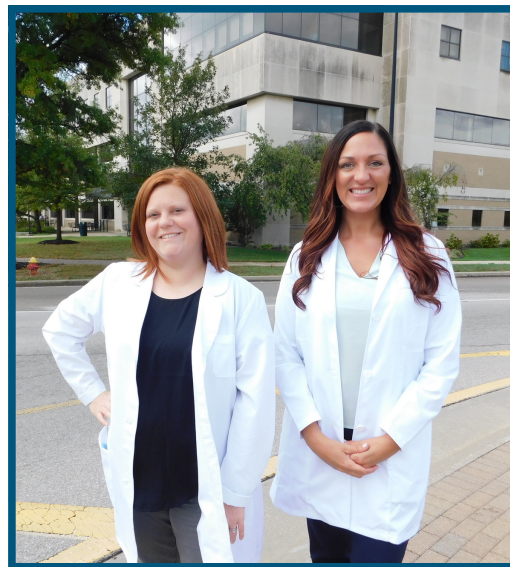
ANE-NPR Newsletter

DECEMBER 2021

UNIVERSITY OF
SOUTHERN INDIANA[®]
College of Nursing and
Health Professions

Nurse Practitioner Residency Program

VOL.2, ISSUE 2



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The purpose of this newsletter is to keep stakeholders updated on progress and accomplishments of the Advanced Nurse Education – Nurse Practitioner Residency (ANE-NPR) Program.

In 2019, the University of Southern Indiana (USI) was awarded a four-year \$1.7 million federal HRSA grant to develop this 12-month residency program for nurse practitioner (NP) graduates in primary care settings serving rural and underserved populations in southwestern Indiana.

The program will support a total of 11 graduate NPs with a family nurse practitioner (FNP) or psychiatric mental health nurse practitioner (PMHNP) specialty over a three-year period of time.

USI is collaborating with community-based health clinics to provide these unique experiences:

- **ECHO Community Healthcare**
- **Southwestern Behavioral Healthcare**
- **Southern Indiana Community Health Center**
- **Samaritan Center**

The residents focus will be both clinical and academic enhancements that will assist in the transition from academia to practice and prepare them as primary care providers. The residency program includes precepted clinical practice, specialty rotations, mentoring sessions and enhanced didactic education.

UNIQUE OPPORTUNITIES

SPECIALTY CLINICS

Each resident spends time in multiple specialty areas. Working in rural and underserved areas, primary care providers will often be the first to see these patients. Specialists offer expert insight for the residents into their specialty areas, valuable clinical pearls, referral considerations, and allows time for wonderful networking opportunities.

Areas the residents have spent time in these first months include: Wound Clinic, Cardiology, Ear/Nose/Throat (ENT), Gastroenterology, General Surgery, Pulmonary, Geriatrics, Orthopedics, and OB/GYN.

FALL WORKSHOP

The workshop included in-person discussions with Dr. Hoagland and Lynn Schnautz of Deaconess Health System. Dr. Hoagland presented on Diagnostic Imaging and Lynn presented on EKG Interpretation in the Primary Care setting.

Meeting providers in the field has been very beneficial for the residents and the didactic component of the residency program.



COVID 19 MODULES

The residents spend time with the most recent updates regarding COVID 19 from the CDC. These are available through the CDC's Clinical Outreach and Communication Activity (COCA). Each week the CDC offers COCA updates regarding COVID 19.

Activities residents have participated in include:

- Post COVID 19 Conditions
- The Role of Telehealth in Expanding Access to Healthcare During the COVID-19
- Pandemic: Considerations for Vaccine Uptake and Monitoring for Adverse Events
- Evaluating and Supporting Patients Presenting with Fatigue Following Covid-19
- Pediatric COVID-19 Vaccines: CDC's Recommendations for Pfizer-BioNTech COVID-19 Vaccine Primary Series in Children 5–11 Years Old
- What Clinicians Need to Know about the Recent Updates to CDC's Recommendations for COVID-19 Boosters

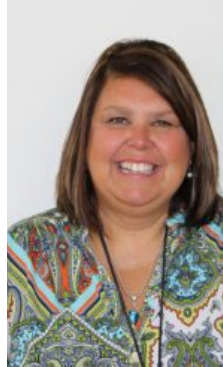
HOT DIDACTIC TOPICS!



DR. ELIZABETH KALB

Ascension Medical Group
Women's Health

- Communication: A Discussion
- Sleep Disorders



LYNN HERR

Vanderburgh Co. Health Dept.

- Resources and Programs



LISA SEIF

Integrity Psychological &
Counseling Associates

- Addictions



MATRIKA BROWN, PMHNP

Southwestern Behavioral
Healthcare

- Anxiety and Depression



DR. MARIE PEASE

University of Southern Indiana

- Providing a Holistic Approach to Care



DR. JULIE MCCULLOUGH

University of Southern Indiana

- Social Determinants of Health



**JULIE MORGAN &
ANGIE SCHAPKER ACNP**

University of Southern Indiana

- Management of Common Respiratory Problems in Primary Care



SHEILA SANTACANA, NP

Deaconess Health System

- Endocrinology in Primary Care

HOT DIDACTIC TOPICS, *CONTINUED*



DEREK SHELTON, ACNP
Orthopedic Associates

- Orthopedics in Primary Care



VALERIE TURPEN, NP
Deaconess Health System

- Geriatrics: Part 2



CIARA HAMMER, NP
Deaconess Health System

- OBGYN in Primary Care



**JEFFREY STARKEY,
PHARM D**

- Deaconess Health System
- Antibiotic Use in Primary Care

TRAINING MODULES

MEDICATION FOR ADDICTION TREATMENT (MAT) TRAINING:

Medications for Addiction Treatment (MAT) of Substance Use Disorders involves a combination of medications that targets the brain, and psychosocial interventions (e.g., counseling, skills development) aimed at improving treatment outcomes. Research shows that medications and therapy together may be more successful than either treatment method alone.

The residents individually completed the 24-hour online MAT training. While the trainings focused on a broad range of substance use disorder treatments, its primary focus is on treatment of opioid use disorders (OUD). Opioids include a class of drugs often prescribed for pain—morphine, fentanyl, oxycodone, and hydrocodone—as well as illicit drugs, such as heroin. The Federal Drug Administration (FDA) has approved three medications for the treatment of OUD: methadone, buprenorphine, and naltrexone.

CHRONIC PAIN SERIES

The Chronic Pain Series provided the residents with knowledge on treating chronic pain. The curriculum was created in an effort to consolidate the vast amount of information available to clinicians into a course that provides clinicians with the information, resources, and knowledge they need to treat their patients who suffer from chronic pain, including non-pharmacological treatments. The result is the most comprehensive and up to date curriculum developed thus far for the treatment of chronic pain.