

TRAUMA-INFORMED TEACHING

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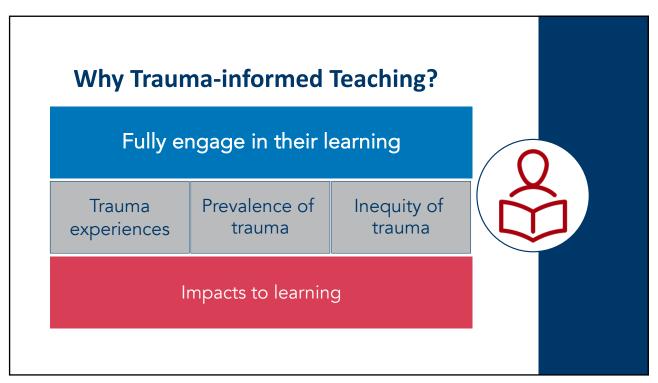
CENTER FOR EXCELLENCE IN TEACHING & LEARNING (CETL)

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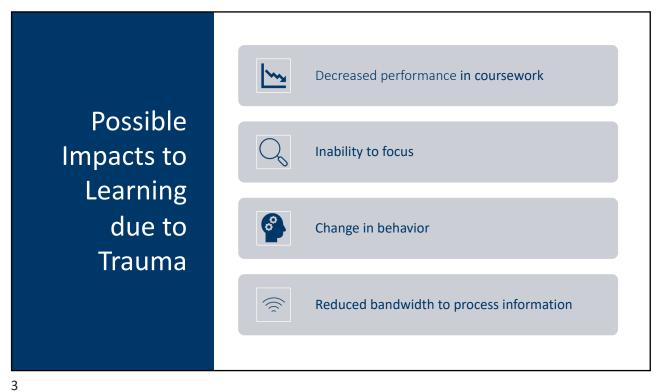


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Trauma- informed Teaching Strategies	Provide	Consistency, structure, and clarity
	Create	Sense of safety
	Build	Trust: Instructor-student interactions
	Foster	Community: Student-student interactions
	Offer	Choice. Develop Empowerment
	Take	Care of yourself

Some Helpful Resources

Slides available at bit.ly/TeachingResourcesCETL

- · <u>Trauma-Informed Teaching</u> (Univ of Georgia): Overview of trauma, its impact on learning, teaching strategies
- Trauma-Aware Teaching Checklist (Costa): Based on the 6 principles of trauma-informed care from SAMHSA
- Crisis-Conscious Teaching Toolkit (Purdue Ft. Wayne): 4 key things to consider when teaching during a crisis
- Trauma-Informed Teaching (Keesler, Indiana University)
- Trauma-Informed Teaching and Learning (UNC Greensboro)
- <u>Using Cognitive Empathy in the Classroom</u> (UNC Charlotte)
- <u>Pedagogy of Healing: Bearing Witness to Trauma and Resilience</u> (Imad, 2021): Suggestions for 13 actions professors and other educators can take to help promote students' mental health.
- <u>Leveraging the Neuroscience of Now</u> (Imad, 2020): 7 ways professors can help students thrive in class in times of trauma.
- · Hope Matters (Imad, 2020): 10 teaching strategies to support students & help them learn during uncertainty.
- Trauma-Informed Online Teaching (Marquart, Carello, Creswell Báez, 2020)
- How to humanize your online class, version 2.0 [Infographic] (Pacansky-Brock, 2020)

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Resources at USI

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- Dean of Students Office (<u>DOSO</u>) at USI UC 1256 | 812.464.1862
 - o Concerned about a Student? Submit a Care Team form
 - o Financial Care Team
- Counseling and Psychological Services (<u>CAPS</u>)
 Orr Center 1051 | 812.464.1867 | <u>usi.caps@usi.edu</u>
- Public Safety at USI: 812.492.7777 and 812.464.1845 (non-emergency)

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