

Virtual  Fourteenth Annual  
**MAIA** Mid-America  
**INSTITUTE**  
on Aging and Wellness

UNIVERSITY OF  
**SOUTHERN INDIANA**<sup>®</sup>

 **SWIRCA**  
& More

Thursday and Friday  
**August 12 and 13, 2021**

**8:30 a.m. – 4:30 p.m.**

Central Standard Time

## KEYNOTES



**Louise Aronson, MD, MFA**

*Elderhood: Redefining Aging,  
Reimagining Life*



**Kimberly Paul, BSW**

*Bridging the Gap:  
Life Lessons from the Dying*



**Scherrie Keating, RN, BSN**

*Alzheimer's Disease: Diabetes of the Brain*



**Stephen Post, PhD**

*It's Good to be Good:  
A Healthier and Happier Aging*

Corporate Sponsors

**AARP**<sup>®</sup> Real  
Possibilities  
Indiana

  
**SENIOR CONNECTION**  
YOUR PARTNER IN RETIREMENT!

# 2021 Agenda Mid-America Institute on Aging and Wellness

## VIRTUAL TWO-DAY CONFERENCE

### THURSDAY, AUGUST 12

8:30 – 8:50 a.m.	Tai Chi
8:50 – 9 a.m.	Welcome
9 – 10:30 a.m.	<b>Louise Aronson</b> Keynote
10:30 – 10:45 a.m.	Break
10:45 – 11:45 a.m.	Concurrent Sessions
11:45 a.m. – 12:15 p.m.	Break
12:15 – 1:15 p.m.	Concurrent Sessions
1:15 – 1:30 p.m.	Break
1:30 – 2:30 p.m.	Concurrent Sessions
2:30 – 2:45 p.m.	Break
2:45 – 4:15 p.m.	<b>Kimberly Paul</b> Plenary
4:15 – 4:30 p.m.	Closing and Evaluation

### FRIDAY, AUGUST 13

8:30 – 8:50 a.m.	Tai Chi
8:50 – 9 a.m.	Welcome
9 – 10:30 a.m.	<b>Scherrie Keating</b> Keynote
10:30 – 10:45 a.m.	Break
10:45 – 11:45 a.m.	Concurrent Sessions
11:45 a.m. – 12:15 p.m.	Break
12:15 – 1:15 p.m.	Concurrent Sessions
1:15 – 1:30 p.m.	Break
1:30 – 2:30 p.m.	Concurrent Sessions
2:30 – 2:45 p.m.	Break
2:45 – 4:15 p.m.	<b>Stephen Post</b> Plenary
4:15 – 4:30 p.m.	Closing and Evaluation

*Note: All times are in Central Standard Time.*

Register at [USI.edu/maia](https://www.usi.edu/maia)

For exclusive updates

Find us on 

Mid-America Institute on Aging  
and Wellness — MAIA  
#maiarocks

# Live longer, healthier and happier...

Joint Providers



SWIRCA & More, the area agency on aging for southwestern Indiana, works to enhance opportunities for independent living in Gibson, Posey, Perry, Spencer, Vanderburgh and Warrick counties.

[www.swirca.org](http://www.swirca.org)

## Program Outcomes

This conference will provide practical tools and ground-breaking information to enable the attendee to incorporate current guidelines and best practices in successful aging and wellness through interprofessional collaborative practice. Topics will include inspirational keynotes as well as multiple sessions ranging from healthy aging to coping with illness.

## Target Audience

Older adults, family members, caregivers, nurses, social workers, employees working in long-term care settings, nursing home administrators, occupational therapists, physical therapists, dental professionals and case managers.

# Keynotes



## Louise Aronson, MD, MFA

**Elderhood: Redefining Aging, Reimagining Life**

**Thursday, August 12, 9 a.m.**

Dr. Aronson is a leading geriatrician, writer, educator, Professor of Medicine at the University of California, San Francisco (UCSF) and the author of the *New York Times* bestseller, *Elderhood: Redefining Aging, Transforming Medicine, and Reimagining Life*. Her book was named a 2020 Pulitzer Prize Finalist in the General Nonfiction category. A graduate of Harvard Medical School, Dr. Aronson has received the Gold Professorship in Humanism in Medicine, the California Homecare Physician of the Year award and the American Geriatrics Society Clinician-Teacher of the Year award. Her work has been featured in several journals and publications and on TODAY, CBS This Morning, NPR's Fresh Air and Politico. Her presentation will explore how the way we talk about old age contributes to the challenges of growing old in America, and she will identify opportunities to use aging and gerontology to improve society and health for everyone.

## Kimberly Paul, BSW

**Bridging the Gap: Life Lessons from the Dying**

**Thursday, August 12, 2:45 p.m.**

Kimberly Paul is often asked how she went from her dream job, working on the set of "Saturday Night Live," to listening to authentic stories at the bedside of the dying. Her presentation will focus on the importance of getting back to the basics when caring for those facing end of life. In a world of regulations and restrictions, how do we keep connection our main priority? This speaker and author of *Bridging the Gap* will remind us all what matters most when time is limited, teach us how to apply lessons learned at the bedside to our own lives and bring us back to the reason hospice was created.



## Scherrie Keating, RN, BSN, CDGES, CDP, CDC, NDPP

**Alzheimer's Disease: Diabetes of the Brain**

**Friday, August 13, 9 a.m.**

Scherrie Keating, RN, BSN, CDGES, CDP, CDC, NDPP, Lifestyle Coach and Ageless Grace Educator, founded Diabetes Kare Consulting, LLC, to help people prevent and manage diabetes when she learned of the pre-diabetes epidemic in the United States. A registered nurse for over 36 years, Scherrie uses her passion, personal cancer journey and expertise to inspire people to make small but significant changes towards living a healthier life. According to the American Diabetes Association, approximately 25% of people over the age of 65 have diabetes, and that number is expected to increase significantly in the coming decades. Scherrie's keynote will address Type 3 Diabetes, linking brain insulin resistance to Alzheimer's disease-like pathological changes leading to cognitive impairments. Hear the latest cutting-edge research, potential treatment options and lifestyle changes being studied, then join the fun practicing some Ageless Grace brain health fitness tools. Special guest Denise Medved, developer of *Ageless Grace*, will join Scherrie for part of the keynote.



## Stephen Post, PhD

**It's Good to be Good: A Healthier and Happier Aging**

**Friday, August 13, 2:45 p.m.**

Stephen Post, PhD, is Professor of Preventive Medicine and Director for Medical Humanity and Bioethics at Stony Brook University School of Medicine. He is renowned for his research and speaking on positive psychology and healthy aging, focusing on the benefits of kindness and helping others with regard to emotional and physical well-being in older adults and across the life span. His bestselling book, *Why Good Things Happen to Good People*, is the distillation of 20 years of research and speaking on this topic.

# Thursday, August 12, 2021

8:30 – 8:50 a.m.

**Tai Chi**

8:50 – 9 a.m.

**WELCOME**

9 – 10:30 a.m.

**KEYNOTE** with Louise Aronson, MD, MFA, University of California, San Francisco

**Elderhood: Redefining Aging, Reimagining Life**

The way we talk about old age contributes to the challenges of growing old.

“Dr. Aronson’s data on happiness, anxiety and life satisfaction encouraged me and helped me realize that I am at a wonderful time in my life!”

—2020 Virtual MAIA attendee

10:30 – 10:45 a.m.

**BREAK**

**CONCURRENT SESSIONS 1**

10:45 -11:45 a.m.

**AARP HomeFit Program**

Will your current home meet your needs as you age from the viewpoint of accessibility and livability?

*Karen Kafantaris, BS*

**Creating a Financial Legacy: Do you Need a Trust?**

Many people want to leave money to help family after they pass away but they don’t know how to accomplish it and at what cost.

*David Perigo and John Schutz, CWA*

**What’s Changing in Medicare’s Coverage?**

Learn how changes will affect patient care and providers’ payments.

*Gina Downs, BA*

**Where’s My Mom?**

This session is a story about seeing the person beyond the disease.

*Lisa Fournier, DSL, MPM*

**Films about Dementia: Fact or Fiction**

Do feature films and documentaries complement, complicate or conflict with scientific descriptions of dementia?

*Karen Austin, MA*

11:45 – 12:15 p.m.

**BREAK**

**CONCURRENT SESSIONS 2**

12:15 – 1:15 p.m.

**Explanation of the Indiana POST Form**

A thorough review of the Indiana POST (Physician Orders For Scope OF Treatment) form, including instructions for completing and documentation with necessary signatures for validity.

*Ellen Stratman, RN, BSN*

**Repeat: AARP HomeFit Program**

Will your current home meet your needs as you age from the viewpoint of accessibility and livability?

*Karen Kafantaris, BS*

**The Impact of COVID-19 on Mental Health**

Identify mental health issues that we have encountered during the pandemic and how we can proceed on a positive pathway.

*Janie Chappell, MSN, RN*

**How Poetry Can Heal**

Discover how Biblio/Poetry Therapy uses literature to promote mental health and wellbeing.

*Alicia Harris, MS*

**10 Warning Signs of Alzheimer’s**

Notice memory changes in yourself or others? Learn more about the warning signs of Alzheimer’s and other dementias.

*Kristopher Izzi*

1:15 – 1:30 p.m.

**BREAK**

**CONCURRENT SESSIONS 3**

1:30 – 2:30 p.m.

**Caring for the Aging Population with Diabetes**

This session focuses on the role health professionals and caregivers play in helping older adults living with diabetes improve longevity and quality of life.

*Scherrie Keating, RN, BSN, CDCES, CDP, CDC, NDPP*

**Understanding Alzheimer’s and Dementia**

This program features information from dementia experts and perspective from care partners and individuals living with dementia.

*Kristopher Izzi*

**Mental Health First Aid for the Older Adult**

People age 50 and older have unique mental health challenges. Learn how to respond to an older adult who may be living with a mental illness or addiction.

*Kerseclia Patterson, BS/BA*

**Exercising as We Age**

Balance, strength and flexibility are keys to staying athletic and physically vital well into your golden years.

*Joe Klemczewski, PhD, MFA, MA, MS, PT, CSCS*

**Barriers to Health Equity for All**

Discussion of the social determinants of health that have placed some groups at an increased risk for COVID-19.

*Veronica Huggins, PhD, LSW  
Phoneshia Wells, DHEd, CHES*

2:30 – 2:45 p.m.

**BREAK**

2:45 – 4:15 p.m.

**CLOSING PLENARY** with Kimberly Paul, BSW

**Bridging the Gap: Life Lessons from the Dying**

What matters most when time is limited?

Register online at [USI.edu/maia](https://www.usi.edu/maia).



# Friday, August 13, 2021

“Scherrie Keating’s passion for the topic made her presentation so engaging! It is comforting to know people like her are advocating for the geriatric population with diabetes.”

—2020 Virtual MAIA attendee

8:30 – 8:50 a.m.	<b>Tai Chi</b>					
8:50 – 9 a.m.	<b>WELCOME</b>					
9 – 10:30 a.m.	<b>KEYNOTE</b> with Scherrie Keating, RN, BSN, CDCES, CDP, NDPP <b>Alzheimer’s Disease: Diabetes of the Brain</b> The link between brain insulin resistance to cognitive impairments.					
10:30 – 10:45 a.m.	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 1</b> 10:45 -11:45 a.m.	<b>Trauma-Informed Care with Older Adults</b> Some individuals have a history of trauma which can become even more complex through aging. <i>Lori Paris, LCSW, BCD, LCAC</i>	<b>Repeat: Where’s My Mom?</b> This session is a story about seeing the person beyond the disease. <i>Lisa Fournier, DSL, MPM</i>	<b>Aware in Care: Improving Hospital and Long-Term Care Outcomes for Those with Parkinson’s</b> This presentation will review free resources for improving patient outcomes. <i>Annie Wallis, MSW</i>	<b>Substance Use Disorders and the Aging Population</b> This workshop will look at commonly abused substances, the toll on individuals and families, and available resources. <i>Donna Lilly, MS, LCSW, LCAC</i>	<b>Eat Well to Age Well! Nutrition for Menopause and Beyond</b> Discover evidence-based nutrition and lifestyle strategies for thriving in the third act of life. <i>Jacqueline Chisholm, RDN, LDN, CDCES, NBC-HWC, DipACLM</i>	<b>Grit, Grace and Gratitude: Senior Citizens Surviving and Thriving</b> Learn how Ball State students helped senior citizens write, publish and perform their stories of resistance and resiliency. <i>Darolyn Jones, EDD and Team</i>
	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 2</b> 12:15 – 1:15 p.m.	<b>Educate, Empower and Prevent Serious Health Effects from Toxic Chemicals</b> Make the shift from using toxic, harmful products that can lead to chronic disease to using safer and inexpensive alternatives. <i>Scherrie Keating, RN, BSN, CDCES, CDP, NDPP</i>	<b>Delirium: A Sudden Brain Failure</b> Learn how you can be empowered to prevent delirium during sudden medical illness and after surgery. <i>Malaz Boustani, MD, MPH</i>	<b>The Aging Mouth: Dental Considerations for the Aging Population</b> Identify strategies to maintain mouth and gum health as we age. <i>Heather Lett, RDH</i>	<b>Agony of the Feet?</b> Make foot health a priority, especially as you get older. <i>Logan Orr, DPM</i>	<b>Nursing Homes 101: For Consumers and their Families</b> Learn how to find the best home for you or your loved ones. <i>Michelle Motta, BLS Alicia Reeves</i>	
	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 3</b> 1:30 – 2:30 p.m.	<b>Hearing and the Brain: A Beautiful Team</b> An active mind, an active body and engaging relationships all play a vital role in slowing the onset and progression of dementia. <i>Angela Graves, AuD</i>	<b>Dementia Care Coach</b> This session focuses on caring for and supporting people living with dementia. <i>Malaz Boustani, MD, MPH</i>	<b>Films about Dementia: Fact or Fiction</b> Do feature films and documentaries complement, complicate or conflict with scientific descriptions of dementia? <i>Karen Austin, MA</i>	<b>SWIRCA &amp; More: Options for Long-term Supports and Services</b> Identify options available to older and/or disabled individuals that allow them to remain living in their preferred setting. <i>Michael Halling, MS</i>	<b>Veteran’s Administration: MISSION Act Eligibility</b> An overview of the eligibility requirements to qualify for the MISSION Act to provide veteran healthcare when and where it is needed. <i>Catherine Wagner, BSN, RN</i>	<b>Power and Strength: Safe Exercise as we Age</b> This session will demonstrate safe exercises to keep your body strong and healthy. <i>Speaker TBD</i>
	<b>BREAK</b>					
2:30 – 2:45 p.m.	<b>BREAK</b>					
2:45 – 4:15 p.m.	<b>CLOSING PLENARY</b> with Stephen Post, PhD <b>It’s Good to be Good: A Healthier and Happier Aging</b> Focusing on the benefits of kindness and helping others.					

Follow #maiarocks on Twitter.

# Concurrent Session Speakers



## **Karen Austin, MA**

*The Generation Above Me, Newburgh, Indiana*

After spending three decades teaching in the college of humanities, Karen Austin earned a master's in gerontology in order to more fully understand the second half of life. She teaches gerontology classes with a humanities spin for the University of Southern Indiana and University of Evansville, and she maintains the blog, *The Generation Above Me*.

## **Malaz Boustani, MD, MPH**

*Indiana University School of Medicine, Indianapolis, Indiana*

Dr. Malaz Boustani is a geriatrician, neuroscientist, implementation scientist and author of *Agile Implementation: A Model for Implementing Evidence-Based Healthcare Solutions into Real-World Practice to Achieve Sustainable Change*. His work has been featured in *Modern Healthcare*, *The Wall Street Journal*, *New York Times* and numerous other national publications.



## **Janie Chappell MSN, RN**

*Deaconess Hospital, Evansville, Indiana*

Janie Chappell is a senior business development coordinator for Deaconess Cross Pointe and Deaconess Employee Assistance Program. She has over 36 years of experience in the field of behavioral health and addictions. She is the chair of the Southwestern Indiana Suicide Prevention Coalition and the coordinator of the Vanderburgh County Crisis Intervention Team Committee. She has been providing suicide awareness and prevention programming for over 18 years.



## **Jacqueline Chisholm, RDN, LDN, CDCES, NBC-HWC, DipACLM**

*Veterans Health Administration, Owensboro, Kentucky*

Jacqueline Chisholm is a registered dietitian nutritionist employed by the Veterans Health Administration. She is a nationally certified diabetes care and education specialist and a nationally board-certified health and wellness coach. Jacqueline holds additional certification as a diplomate of the American College of Lifestyle Medicine.



## **Gina Downs, BA**

*Senior Connection, Evansville, Indiana*

Gina Downs is vice president at Senior Connection. After graduating from Purdue University, she moved to Evansville, where she began a career in insurance that led to a love and passion for the aging population. She has worked in the field of senior insurance for 10 years.



## **Lisa R. Fournier, DSL, MPM**

*USI Geriatrics Workforce Enhancement Program, Evansville, Indiana*

Lisa Fournier is the project coordinator of the Geriatrics Workforce Enhancement Program (GWEP) at the University of Southern Indiana. She leads the dementia-friendly communities and MINKA Learning Lab initiatives. Based on being a caregiver to her mother, who died from Alzheimer's, Lisa desires to help individuals, families and communities overcome the stigma of dementia. Lisa is also working on her master's degree in Aging and Dementia at Texas State University.



## **Angela K. Graves, AuD**

*Hearing Healthcare Center, Evansville, Indiana*

Dr. Angela Graves is the only independent private practice audiologist in the Evansville area. She opened Hearing Healthcare Center in 2013.



## **Michael Halling, MS**

*SWIRCA & More, Evansville, Indiana*

Michael Halling is the current acting senior vice president of operations at SWIRCA & More. Having been with SWIRCA for over 13 years, Michael has served in several different roles including case manager, aging and disability resource center coordinator and vice president of social services. Within these roles, he has had the opportunity to assist numerous older and/or disabled individuals, as well as their caregivers, to help identify long-term care options.



## **Alicia Harris, MS**

*Evansville Vanderburgh Public Library, Evansville, Indiana*

Alicia Harris is an experience facilitator in Programs and Outreach for the Evansville Vanderburgh Public Library System. She is also a certified applied poetry facilitator in training. She dedicates her library and personal work to helping people heal through language, writing and story. She has a master's in public service administration and is a 200-level registered Yoga instructor. She enjoys working with all populations using creative and movement therapies, especially seniors.

## **Veronica C. Huggins, PhD, LSW**

*University of Southern Indiana, Evansville, Indiana*

Dr. Veronica Huggins is in her sixth year as an assistant professor of social work at the University of Southern Indiana. She teaches in the graduate and undergraduate programs. She is the president of Women of Color in the Academy (WOCA) as well as a faculty athletic representative. She is also vice-chair for the board of Churches Embracing Offenders (CEO) in Evansville.



## **Kristopher Izzi**

*Alzheimer's Association, Evansville, Indiana*

Kristopher Izzi is a community outreach coordinator with the Alzheimer's Association's Greater Kentucky and Southern Indiana Chapter. Prior to joining the Alzheimer's Association, Kristopher worked within the Deaconess Health System, specializing in de-escalation and mental health services. Kris's passion for community outreach began as a student at the University of Southern Indiana and has driven his career in social services.

## **Karen Kafantaris, BS**

*AARP Michigan, Lansing, Michigan*

Karen Kafantaris, associate state director of AARP Michigan, leads Age-Friendly States and Communities work which provides a framework to help communities plan and prepare for the significantly large change in the aging demographic that will continue to grow over the next several decades. Karen is the co-creator of the AARP HomeFit Program which helps individuals assess their current home to determine what may be needed and how to make those changes in order to safely retain their independence as long as possible. Karen was a founding member of the Michigan Complete Streets Coalition which worked to pass State Complete Streets legislation in 2010 and was appointed by the Governor to the Complete Street Advisory Council.



## **Joe Klemczewski, PhD, MFA, MA, MS, PT, CSCS**

*Health Scientist, Evansville, Indiana*

Joe Klemczewski is a health scientist with substantial education and experience in nutrition and performance, a published author and science editor and a frequent public speaker and teacher. He has a doctorate in nutrition, doctorate in health education, master's in health, master's in social science, master of fine arts in creative and professional writing, bachelor's in physical therapy, and is a certified strength and conditioning specialist.



## **Darolyn "Lyn" Jones and Team**

*Ball State University, Muncie, Indiana*

Darolyn "Lyn" Jones is passionate about literacy both in and outside of the classroom. She is an assistant teaching professor at Ball State University and serves as the education outreach director for the Indiana Writers Center. Judy Selton is executive director of the Delaware County Senior Center. She has worked with Vietnam vets, county government and Ball State's Fisher Institute for Wellness and Gerontology, running the off-campus program called the Community Center for Vital Aging. Andrea Mohler is a young creative writer who strives to find the extraordinary stories hiding in everyday life. She is the co-author and illustrator of *Grit, Grace, and Resilience*. Her major at Ball State University is English with a creative writing concentration. Hannah Eadie is a Ball State student studying secondary English education. She plans on becoming a middle school English teacher, dedicating her studies to passing along the power of literature to her future students.

## **Heather Lett, RDH**

*Hipp Dentistry, Haubstadt, Indiana*

Heather began her professional career with Hipp Dentistry in 1994 after graduating from the University of Southern Indiana Dental Hygiene program in 1994. With a passion for providing excellent patient care, Heather is proud to contribute to positive dental outcomes.



## **Donna Lilly, MS, LCSW, LCAC**

*Evansville, Indiana*

Donna Lilly is a licensed clinical social worker and clinical addiction counselor who has over 25 years of experience in treating individuals and families with substance use disorders and related conditions. She has a bachelor of science in physical education and health from Murray State University, a master of science in education from Indiana State University and a master of science in counseling from the University of Evansville.



**Michelle Motta, BLS**  
*VOICES, Inc., Evansville, Indiana*

Michelle Motta is a long-term care ombudsman at VOICES, Inc. For 20 years, she has worked on behalf of those living in long-term care homes by advocating for their legal rights to be treated with dignity and respect on an individual and systemic basis.

**Logan Orr, DPM**  
*Evansville, Indiana*

**Lori Paris, LCSW, BCD, LCAC**

*Robley Rex VA Medical Center, Louisville, Kentucky*

Lori Paris, a social worker at the Robley Rex VA Medical Center, has been the general caregiver support program coordinator since December 2020. She has also served as the veteran community partnership coordinator for the facility since 2015. Lori specializes in trauma and is a certified EMDR therapist. She has trained staff and presented on trauma-informed care within the facility and at state and national conferences, including the Optimal Aging Conference and the National Council on Aging Conference. She is also an adjunct instructor at University of Louisville's Kent School of Social Work.



**Kerseclia Patterson, BS/BA**

*Southwest Indiana Area Health Education Center, Evansville, Indiana*

Kerseclia Patterson is academic outreach coordinator for Southwest Indiana Area Health Education Center, which is hosted by the College of Nursing and Health Professions at the University of Southern Indiana. As a trained facilitator in Mental Health First Aid, she helps others recognize the warning signs of a mental crisis and provides them with the training and tools to refer a friend or loved one to the proper resources to get through difficult times.

**David Perigo**

*Baird Private Wealth Management, Evansville, Indiana*

**Alicia Reeves**

*VOICES, Inc., Evansville, Indiana*

Alicia Reeves is a long-term care ombudsman and assisted living specialist at VOICES, Inc. For the last nine years, she has worked to uphold the quality of life and care of residents in licensed assisted living homes through advocacy and empowerment.



**John Schutz, CWA**

*Baird Private Wealth Management, Evansville, Indiana*

**Ellen Stratman, RN, BSN**

*Ascension St. Vincent - Evansville, Indiana*

Ellen Stratman is the palliative care coordinator at Ascension St. Vincent Evansville. She graduated from St. Louis University with a BSN in 1990. She previously worked on the bone marrow transplant unit at IU Medical Indianapolis for four years and at Oncology, Hematology Associates in Evansville for 18 years.

**Catherine Wagner, BSN, RN**

*Marion Veterans Affairs Medical Center, Marion, Illinois*

Cathy Wagner has been a nurse for over 40 years. The past six and half years she has been a community care nurse navigator with the Veteran's Administration. Prior to working at the VA, Cathy was a nurse for 35 years in various capacities, including oncology, internist office, home care and cardiology.

**Annie Wallis, MSW**

*Parkinson's Foundation, Apollo Beach, Florida*

Annie Wallis is associate director of education for the Parkinson's Foundation, where she oversees the educational library, Aware in Care program and Care Partner Summit. She manages the Aware in Care Ambassador program, a network of volunteers throughout the country organized to help distribute Aware in Care kits to both patients and healthcare providers to bolster best practices in treating patients with Parkinson's Disease.



**Phoneshia Wells, DHEd, CHES**

*University of Southern Indiana, Evansville, Indiana*

Dr. Wells is in her fifth year as an assistant professor of Health Services at the University of Southern Indiana. She teaches in the undergraduate program and is the vice president of Women of Color in the Academy.

**“I was so excited by the things I heard at this conference and inspired to put them into my practice.”**

**- Previous MAIA attendee**



# Registration

Virtual  Fourteenth Annual  
MAIA Mid-America  
**INSTITUTE**  
on Aging and Wellness

Thursday and Friday

**August 12 and 13, 2021**

**8:30 a.m. – 4:30 p.m.**

*Central Standard Time*

Register online at [USI.edu/maia](https://usi.edu/maia)

## COST

### Register by August 1

- \$100 per day
- \$50 per day for retirees
- \$60 per day for graduate students
- \$20 per day for undergraduate students

### Register after August 1

- \$125 per day
- \$50 per day for retirees
- \$60 per day for graduate students
- \$20 per day for undergraduate students

**Cancellation Policy:** Registration fees are refundable, less a \$25 administrative fee, through August 11, 2021. No refunds will be given after that date.

### Questions?



Email: [kacollazo@usi.edu](mailto:kacollazo@usi.edu)



Call 812-461-5217



[USI.edu/maia](https://usi.edu/maia)

Find us on 

Mid-America Institute on Aging  
and Wellness — MAIA

#maiarocks

*As an Equal Opportunity/Affirmative Action Employer, the University of Southern Indiana considers all qualified applicants for employment without regard to race, color, religion, sex, pregnancy or marital status, national origin, age (40 or older), disability, genetic information, sexual orientation, gender identity, veteran status, or any other category protected by law or identified by the University as a protected class.*

## CONTINUING EDUCATION CREDIT

Attendees may receive up to 6 contact hours on day 1 and up to 6 contact hours on day 2 with attestation of attendance and submission of the electronic program evaluation.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Southern Indiana Center for Health Professions Lifelong Learning is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC), the American Psychological Association (APA), and the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to provide continuing education for the healthcare team.

The University of Southern Indiana Center for Health Professions Lifelong Learning designates this activity for 6 contact hours each day for nurses.

The University of Southern Indiana has been approved by the Indiana State Board of Health Facility Administrators as a sponsor of continuing education programs for health facility administrators. License number: 98000033A

The University of Southern Indiana Center for Health Professions Lifelong Learning designates this activity for a maximum of 6.0 *AMA PRA Category 1 Credits™* each day. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

As a Jointly Accredited Organization, the University of Southern Indiana Center for Health Professions Lifelong Learning is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The University of Southern Indiana maintains responsibility for this course. Social workers completing this course receive 6 live continuing education credits each day.

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers.

Sponsored by University of Southern Indiana, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to twelve total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours available are zero (0).

Appropriate for Indiana Department of Aging (DA) continuing education hours. If audited by the DA, attendee presents contact hours earned to the DA.

University of Southern Indiana is an approved provider of continuing education for marriage and family therapists, occupational therapists, occupational therapy assistants, dental professionals and other health professionals licensed in the state of Indiana.

**Certificate of Completion:** To receive your certificate, you must attend 90% of the conference and complete an evaluation. A link to an electronic evaluation and attendance confirmation will be emailed to program attendees. You have two weeks to complete the program evaluation in order to receive a certificate. Evaluations submitted after the two-week period will not be honored.