

# ANE-NPR Newsletter

MARCH 2021

The University of Southern Indiana (USI) was awarded a four-year \$1.7 million-dollar federal HRSA grant: "Advanced Nursing Education Nurse Practitioner Residency Program (ANE-NPR)." The first cohort began July 1, 2020, and will continue until June 30, 2021. The second cohort is currently proceeding through the interview process and will begin July 1, 2021.

The residents began developing their patient panels on October 1, 2020. In preparation for providing care, the residents participated in enhanced didactic sessions and specialty rotations in southwest Indiana, plus much more.

The ANE-NPR will continue to support the residents as they navigate the last quarter of the program by mentoring and precepting them in their clinics and providing ongoing enhanced program didactics.

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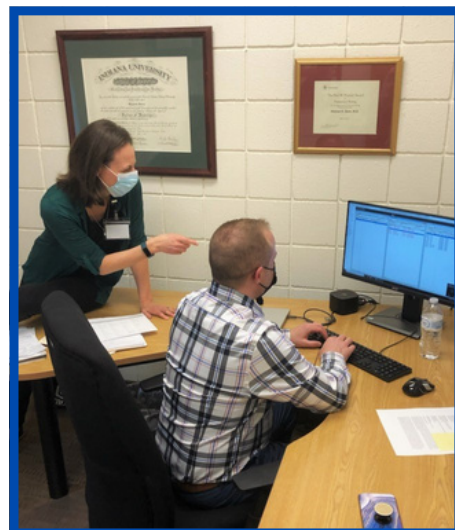
**02** *DIDACTICS*

**03** *MID-AMERICA  
INSTITUTE ON  
AGING AND  
WELLNESS*

**04** *QUALITY  
IMPROVEMENT*



Resident Jaime Parkes, FNP, with  
Preceptor Anastasia Ralston, FNP,  
Family Health Center



Resident Doug Wathen, PMHNP,  
with Mentor Matrika Brown, PMHNP,  
Southwestern Behavioral Health

# HOT DIDACTIC TOPICS!



**DR. KATHY RIEDFORD,  
PHD, PMHNP**

University of Southern  
Indiana  
• Panic Disorders and  
History of Adult and  
Child Trauma



**DR. BELLE MCCOOL**

USI Adjunct Faculty  
• TeamSTEPPS



**DR. BETH BONHAM**

Professor Emeritus  
• Health Policies and  
Nursing Organizations



**SHAWNA HAYWOOD, NP**

University of Southern Indiana  
• Pap Interpretations



**DR. LORI PHILLIPS**

University of Southern  
Indiana  
• Time Management for  
the Busy Medical  
Provider  
• Strengths Finder 2.0:  
Reflection



**DR. ELIZABETH KALB**

Clinical Psychologist  
• Self Management and  
Setting Goals  
• TeamSTEPPS



**KENT LESLIE**

ECHO Community Health Care  
• Integration of Behavioral  
Health in Primary Care



**THERESA SCHELLER**

Real You Wellness  
• Nutrition and Mental  
Health



**DR. EVANS-  
ROBINSON**

Southwestern Behavioral  
Health Care  
• ADHD in Children and  
Adults  
• Depression and Suicide  
in Children and  
Adolescents

# COLLABORATION SPOTLIGHT

## MAIA Mid-America INSTITUTE on Aging and Wellness

Residents attended the MAIA virtual sessions in August 2020; keynote speakers were **Louise Aronson, MD, MFA**, a leading geriatrician, writer, educator, professor of medicine at the University of California, San Francisco (UCSF) and the author of the New York Times bestseller, *Elderhood: Redefining Aging, Transforming Medicine, and Reimagining Life*. Her presentation explored how the way we talk about old age contributes to the challenges of growing old in America, and she will identify opportunities to use aging and gerontology to improve society and health for everyone.

**Malaz Boustani, MD, MPH**, geriatrician, neuroscientist, implementation scientist. His presentation, *Care and Support for Dementia* focused on how to care for and support people living with dementia, increase engagement, improve quality and safety, and drive innovation during this time of COVID-19.

**Donna Lilly, MS, LCSW, LCAC** has over 25 years of experience in treating individuals and families with substance use disorders and related conditions. Lilly presented, *Supporting Family Members with Substance Use Disorders*.

**Scherrie Keating, RN, BSN, CDCES, CDP**, lifestyle Coach and Ageless Grace Educator, Keating, founded Diabetes Kare Consulting, LLC, to help people prevent and manage diabetes when she learned of the pre-diabetes epidemic in the United States. A registered nurse for over 36 years, Scherrie uses her passion, personal cancer journey and expertise to inspire people to make small but significant changes towards living a healthier life. Keating's program, *Caring for the Aging Population with Diabetes* focused on the integral role health professionals and caregivers play in helping older adults living with diabetes achieve individualized treatment goals, reduce risks of complications, emergency room visits and hospitalizations, and improve longevity and quality of life.

“ I really enjoyed this series of virtual mini conferences. The presenters were professional, knowledgeable and were passionate about their individual topics. I learned from each presentation and enjoyed them.

MAIA Survey: Resident Response

# QUALITY IMPROVEMENT TRAINING



The Weitzman Institute's Quality Improvement approach represents a unique, state of the art methodology that combines elements from a variety of sources to meet the various quality improvement needs of healthcare organizations. To help health centers meet those needs, the Weitzman Institute's (WI) Quality Improvement experts provide targeted training and education.

The Weitzman Institute's quality improvement experts teach the residents to facilitate effective meetings, engage stakeholders in improvement efforts, apply strategic change management methodologies, create a quality improvement culture and ensure quality outcomes through key data strategies.

The residents have decided upon and developed a quality project in each of their organizations. They have utilized the quality tools learned this year to develop their projects. A presentation of their journey and results will occur at the end of the program.

The series provides a controlled learning experience before entering the workforce. This will allow the residents to be competent in quality control at the end of the NPR program.

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