

Live, Virtual Learning with Teepa Snow

Free dementia workshops for caregivers March 29 - April 1, 2021

Monday, March 29, 3-4:30 pm ET / 2-3:30 pm CT

Recognizing and Responding to Exit-Seeking

Addressing what many caregivers see as wandering can be limited to repetitious redirection or restriction, leading to frustration. Learn how to recognize and respond to the three different needs people are trying to fill when exit-seeking. [Register here.](#)

Tuesday, March 30, 9-10:30 am ET / 8-9:30 am CT

Person-Centered Care: Who Am I, and Why Does it Help Your Staff?

Learn an efficient way to learn an individual's unique traits, personal events and preferences to help us all with care tasks and overall quality of life. [Register here.](#)

Tuesday, March 30, 10:30 am-12 pm ET / 9:30-11 am CT

Supporting Staff to Prevent Abuse and Neglect

Learn how to recognize and respond to those precarious situations where symptoms of dementia can lead to neglect and abuse. [Register here.](#)

Tuesday, March 30

Dementia and End of Life - 3-4:30 pm ET / 2-3:30 pm CT

Advance Care Planning (ACP) - 4:30-5 pm ET / 3:30-4 pm CT

Teepa explains how to connect with someone living with late-stage dementia, how to recognize and manage pain and how to help the care team grieve and celebrate the person's life. Dr. Kevin Valadares, Professor at the University of Southern Indiana, will share resources available to facilitate ACP conversations. [Register here for both.](#)

Wednesday, March 31, 3-4:30 pm ET / 2-3:30 pm CT

Activities and Engagement to Prevent Challenging Situations

Engagement is not just about keeping people busy. Filling the day with meaning can also help us as care partners. In this session, learn how to engage with purpose to prevent challenging situations. [Register here.](#)

Thursday, April 1, 3-4:30 pm ET / 2-3:30 pm CT

Sexuality, Intimacy and Dementia

Dementia results in a wide variety of brain changes, including the ability to be intimate with others. Unfortunately, brain changes can lead to actions that are viewed by some as "inappropriate sexual behavior." Learn a more helpful and healthy approach to situations involving sexuality or intimacy. [Register here.](#)



This project is supported by the University of Southern Indiana's Geriatrics Workforce Enhancement Program (GWEP) funded by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). Proud partners are University of Southern Indiana, Deaconess Clinic, Generations and SWIRCA & More.