

# ANE-NPR Newsletter

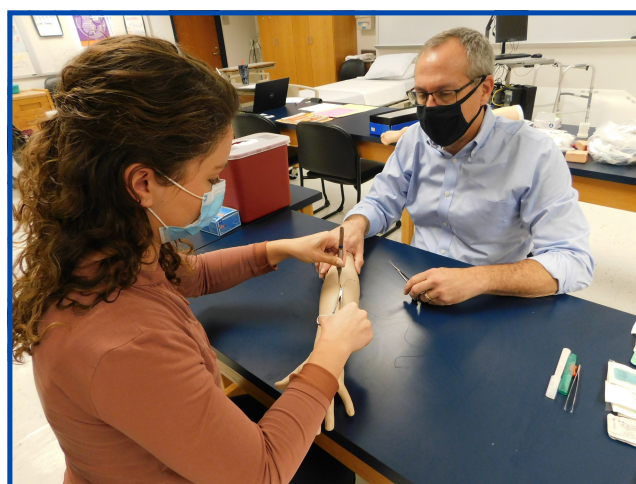
NOVEMBER 2020

UNIVERSITY OF  
SOUTHERN INDIANA®

College of Nursing and  
Health Professions

Nurse Practitioner Residency Program

VOL.1, ISSUE 4



The University of Southern Indiana (USI) was awarded a four-year \$1.7 million-dollar federal HRSA grant: "Advanced Nursing Education Nurse Practitioner Residency Program (ANE-NPR)." As of October 1, 2020, the residents are now providing hands-on patient care at their individual sites.

The residents prepared for providing care by participating in months of didactic education and specialty rotations in southwest Indiana.

Specialty rotations included orthopaedics, behavioral mental health, pediatrics, geriatrics, dermatology, podiatry, OBGYN, ENT, endocrinology, wound treatment, nurse navigator, injection clinic, drug treatment court, telehealth, Stepping Stone addiction services, and many unique opportunities to learn more regarding the homeless populations.

The ANE-NPR will continue to support the residents as they venture through the last half of the program mentoring them in their clinics and providing ongoing program didactics.

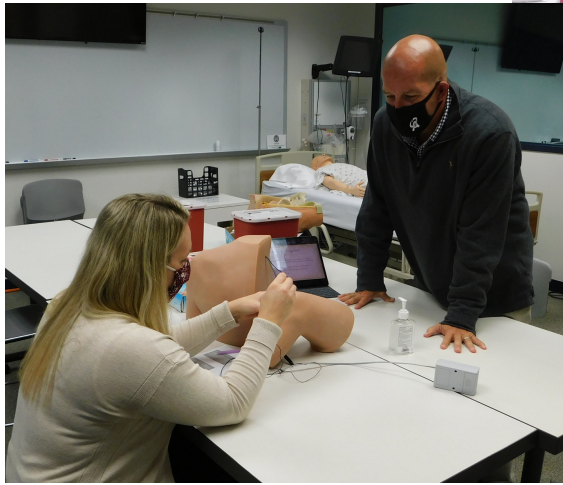
## INSIDE THIS ISSUE:

**02** *PROCEDURE  
WORKSHOP*

**03** *DIDACTICS*

**04** *SIMULATIONS &  
TRAININGS*

*Accepting resident  
applications starting in  
December 2020!*



# PROCEDURE WORKSHOP

“

*I LOVED THIS  
LEARNING  
OPPORTUNITY.*

*It was so nice to be  
one on one with the  
"teachers" during the  
workshop. I was able  
to spend a  
significant amount of  
time learning how to  
complete each area.*

**Procedure Workshop:  
Resident Survey**

The residents participated in a procedural workshop focused on education and demonstration by professional instructors. The topics/instructors included:

- **Alan Swartz, FNP: ECHO Clinic - Suturing, Incision and Drainage**
- **Derek Shelton, ACNP: Orthopaedic Associates - Joint Injections**
- **Kim Heathcott, MSN NP: Deaconess - Skin Biopsies**

Positive workshop feedback was acquired from the Workshop Survey. This will definitely be an aspect of the program we integrate next year.

# HOT DIDACTIC TOPICS!



**DR. MARIE PEASE**

University of Southern Indiana  
• Providing a Holistic Approach to Care



**BRANDI NEELY, NP**

Deaconess  
• Pediatric Growth and Development  
• Pediatric Asthma



**DR. ELIZABETH KALB**

Clinical Psychologist  
• Sleep Disorders



**DEREK SHELTON, NP**

Orthopaedic Associates  
• Orthopaedics: Assessment and Treatment of Upper and Lower joints  
• Osteoarthritis



**JENNIFER EMMONS, RN**

Family Health Center  
• CMS Quality Indicators



**LORINDA COAN**

University of Southern Indiana  
• Oral Health Modules



**KENT LESLIE**

ECHO Community Health Care  
• Managing Suicidal Risk in Primary Care



**KELLIE JARBOE, NP**

Evansville Christian Health Clinic  
• Sexually Transmitted Disease



**BONNIE RINKS**

University of Southern Indiana  
• Motivational Interviewing



**MATRIKA BROWN, PMHNP**

Southwestern Behavioral Health Care  
• Anxiety and Depression: Diagnosis and Treatment



**DR. JAMES MACKE**

Stepping Stone  
• Treatment of Substance Abuse in Primary Care



**LEEANN ASSALONE, MSW**

ECHO Community Health Care  
• Cultural Diversity, Implicit Bias, Racial Trauma



**DR. DAVID LIPPMAN**

ECHO Community Health Care  
• The Joys and Challenges of Community Practice



**DR. GREGORY UNFRIED**

Southwestern Behavioral Health Care  
• Schizophrenia Spectrum and Disorders



**LAURA KEYS**

Youth First  
• LGBT and Transgender



**JOHN RICH, RN**

Patchwork Central  
• Care of the Homeless



**SHELIA SANTACANA, NP**

Deaconess  
• Endocrinology



**JULIE MORGAN, RT**

University of Southern Indiana  
• Management of Common Respiratory Problems



**ANGIE SCHAPKER, NP**

Deaconess  
• Management of Common Respiratory Problems



**VALERIE TURPEN, NP**

Deaconess  
• Geriatrics



**TYLER GILHAM**

AIDS Resource Group  
• HIV/Hep C in the Community

# SIMULATIONS

+

# TRAINING MODULES

Virtual simulations prepared the residents for hands-on learning and encouraged growth during the first months of the program. The simulations provided a "safe place" for the new providers to practice their skills and prepare for patient care. The simulations included:

## **Advanced Health Assessment, Advanced Pharmacology and a Mental Health Series.**

### **MEDICATION FOR ADDICTION TREATMENT (MAT) TRAINING:**

Medications for Addiction Treatment (MAT) of Substance Use Disorders involves a combination of medications that targets the brain, and psychosocial interventions (e.g., counseling, skills development) aimed at improving treatment outcomes. Research shows that medications and therapy together may be more successful than either treatment method alone.

The residents individually completed the 24-hour online MAT training. While the trainings focused on a broad range of substance use disorder treatments, its primary focus is on treatment of opioid use disorders (OUD). Opioids include a class of drugs often prescribed for pain—morphine, fentanyl, oxycodone, and hydrocodone—as well as illicit drugs, such as heroin. The Federal Drug Administration (FDA) has approved three medications for the treatment of OUD: methadone, buprenorphine, and naltrexone.

### **CHRONIC PAIN SERIES**

The Chronic Pain Series provided the residents with knowledge on treating chronic pain. The curriculum was created in an effort to consolidate the vast amount of information available to clinicians into a course that provides clinicians with the information, resources, and knowledge they need to treat their patients who suffer from chronic pain, including non-pharmacological treatments. The result is the most comprehensive and up to date curriculum developed thus far for the treatment of chronic pain.

This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$396,091.00 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](http://HRSA.gov).