**Attitude – Older Adult and Aging Visual Analog Scale (At-O-A)**

**In the following questions, attitudes toward older adults and attitudes toward your own aging process are defined in the following ways:**

**Definition of attitudes toward older adults**: An evaluation, ranging from negative to positive, of people over the age of 65

**Definition of attitudes toward your own aging process**: An evaluation, ranging from negative to positive, of the process of growing older

**Please follow instructions in order to answer Questions 1 and 2**.

Question 1

Place a vertical mark through the line to rate your attitude toward older adults.

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Negative Positive

Question 2

Place a vertical mark through the line to rate your attitude toward your own aging process.

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Negative Positive