Job Duties:

- 1. Perform opening and closing duties
- 2. Knowledge to operate cardiovascular and weight training equipment
- 3. Follow and communicate CF&P's policies, procedures, and programs
- 4. Ability to take radial and carotid pulse and blood pressure
- 5. Knowledge of basic testing procedures and assessments
- 6. Identify high health risk patients
- 7. Knowledge of proper orientation procedures
- 8. Assist clientele with health and fitness goals
- 9. Monitor clientele for warning/danger signs
- 10. Motivate clientele