**Job Description**

Position: Intern

Immediate Supervisor: Wellness Manager

Requirements:

* Must be pursuing a four year degree in the health field.
* CPR and AED certified
* Demonstrate good communication skills, customer service, and be accountable for time.
* Must work well with others.

Responsibilities:

* Attend all required meetings.
* Complete the required trainings.
* Work a minimum of 10 hours per week.
* Become familiar with Activ Trax and assist with new member activations, orientations, and assessments.
* Arrive on time for all shifts, appointments and/or classes.
* Help in maintaining function and cleanliness of machines, equipment, and entire facility.
* Actively promote all special events sponsored by the YMCA.
* Assist with a wellness program.
* Be knowledgeable of and actively promote the group exercise and personal training programs and their benefits.
* Follow guidelines and policies set forth by the wellness manager, including appropriate dress while at the facility.
* Accept assignments deemed appropriate by the wellness manager, group exercise coordinator, senior wellness director, or branch executive director.