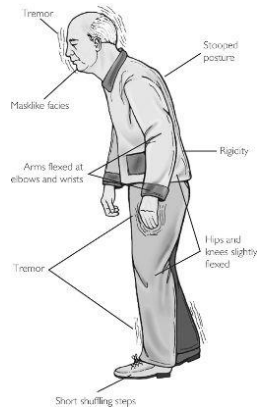
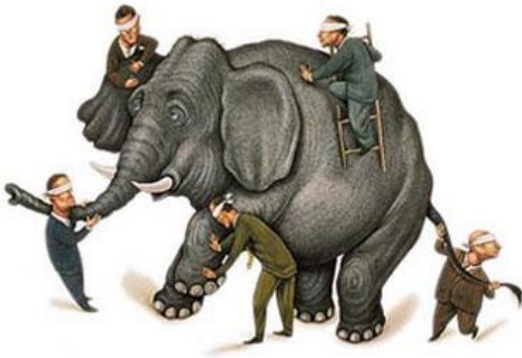


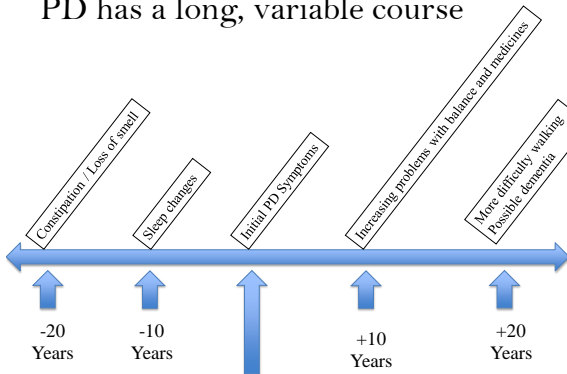
What people see as Parkinson disease



What does a neurological disease look like?



PD has a long, variable course



Early PD symptoms may be subtle

- Reduced arm swing
- Shoulder pain
- Change in hand writing
- Tremor

PD motor symptoms-
Unilateral (one-side onset)

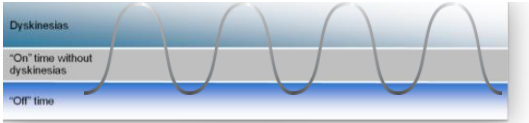
- Tremor
- Rigidity
- Bradykinesia “slow movement”

Categories of non-motor symptoms

- Mood- depression, anxiety
- Cognition- Organizing, visual/spatial, hallucinations, dementia in later stages
- Autonomic- constipation, bladder urgency or frequency, lowering of blood pressure
- Sleep- apnea, REM Behavior Disorder, excessive daytime sleepiness
- Speech- hypophonia, monotone, slurring
- Impulse control disorders

PD Motor fluctuations include
“Wearing off” and dyskinesia

- Wearing Off – benefit of medicine does not last until next dose- takes a long time to recover
- Dyskinesia – involuntary twisting movements which occur at the peak of levodopa dose



How can you help people who are affected by Parkinson Disease

Approaches for progressive Neurological Diseases

“I am not dying but I am living with a disease that can utilize technology which will perhaps indefinitely prolong my life. I am still a useful being and will do everything to stay alive.”

“I know what quality of life means for me. For the time I feel I have an acceptable quality of life, I choose to live with this disease.

That said, I have chosen not to utilize certain interventions to prolong this disease. “











Thank you for your interest
in learning about Parkinson Disease and
resources .

You will have many opportunities
to improve the lives of people
with Parkinson Disease and their friends
and families.

CARE GIVER PRAYER

As I stumble through this life, help me to create more
laughter than tears, dispense more happiness than gloom,
spread more cheer than despair. Never let me become so
indifferent that I will fail to see the wonder in the eyes
of a child or the twinkle in the eyes of the aged. Never
let me forget that my total effort is to cheer people,
make them happy and forget at least for a moment all
unpleasant things in their lives.

And, in my final moment, may I hear you whisper:

"When you made My people smile, you made Me smile."