"Never, Ever Give Up"





Improving Access to Support Services and Care Strategies from Health Agencies Focused on Parkinson Disease

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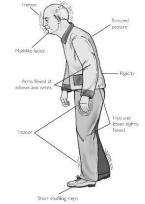
Advisory Board Member, Rock Steady Boxing

August 15, 2014 12:15 to 1:15

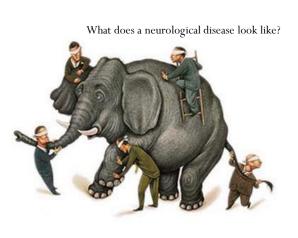
Parkinson's Disease





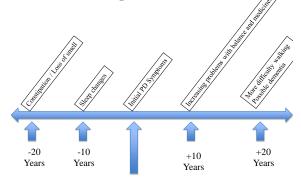


What people see as Parkinson disease





PD has a long, variable course





Early PD symptoms may be subtle

- Reduced arm swing
- Shoulder pain
- Change in hand writing
- Tremor

PD motor symptoms-Unilateral (one-side onset)

- Tremor
- Rigidity
- Bradykinesia "slow movement"

Categories of non-motor symptoms

- Mood- depression, anxiety
- Cognition- Organizing, visual/spatial, hallucinations, dementia in later stages
- Autonomic- constipation, bladder urgency or frequency, lowering of blood pressure
- Sleep- apnea, REM Behavior Disorder, excessive daytime sleepiness
- Speech- hypophonia, monotone, slurring
- Impulse control disorders

PD Motor fluctuations include "Wearing off" and dyskinesia

- Wearing Off benefit of medicine does not last until next dose- takes a long time to recover
- Dyskinesia involuntary twisting movements which occur at the peak of levodopa dose



How can you help people who are affected by Parkinson Disease

Approaches for progressive Neurological Diseases

"I am not dying but I am living with a disease that can utilize technology which will perhaps indefinitely prolong my life. I am still a useful being and will do everything to stay alive." "I know what quality of life means for me. For the time I feel I have an acceptable quality of life, I choose to live with this disease.

That said, I have chosen not to utilize certain interventions to prolong this disease. "

Critical Periods for Patient and Family Stress

- Receiving a diagnosis
- Early signs of disability
- Need for occupational changes
- · Losing ability to drive safely
- Emergence of severe health problems
- Considering home health
- When out-of-home placement is being considered
- · Considering palliative care and hospice

If I am incapacitated, please immediately notify:	
My loved one is dependent upon me and requires	
assistance.	

I am a caregiver for someone.

l am a car	egiver for someone.
My Name is:	
individuals that NEED	on the other side of this card are to be notified. The loved one I tak
care of req	uires immediate assistance.

Parkinson's Awareness Support Association Tri-State (PASATS)

















Thank you for your interest in learning about Parkinson Disease and resources.

You will have many opportunities to improve the lives of people with Parkinson Disease and their friends and families.

CARE GIVER PRAYER

As I stumble through this life, help me to create more laughter than tears, dispense more happiness than gloom, spread more cheer than despair. Never let me become so indifferent that I will fail to see the wonder in the eyes of a child or the twinkle in the eyes of the aged. Never let me forget that my total effort is to cheer people, make them happy and forget at least for a moment all unpleasant things in their lives.

And, in my final moment, may I hear you whisper:

"When you made My people smile, you made Me smile."