



OPTIMISTIC is a four year multi-component quality improvement program to support nursing facilities in redesigning and improving care delivery processes.



Optimizing Patient Transfers, Impacting Medical quality, and Improving Symptoms: Transforming Institutional Care

OPTIMISTIC:

Caring for residents - Improving quality of life

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For further information

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What is **OPTIMISTIC**

An initiative funded by Centers for Medicare and Medicaid Services designed by medical providers for Indiana long stay nursing home residents, which includes:

-  Support for residents and staff by a project nurse and nurse practitioner
-  Implementation of best practices to enhance medical care

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OPTIMISTIC

OPTIMISTIC: goals

Reduction in unnecessary hospitalizations through enhanced care and communication

Provide onsite training and mentorship for nursing home staff to improve medical care

Offer improved support for advance care planning and palliative care

Improving care for nursing home residents

- Early recognition and management of acute conditions
- Patient-centered, evidence-based chronic care management
- Enhanced care transitions
- Systematic advance care planning

Who is participating? Long stay residents in 19 partner nursing facilities in central Indiana are eligible to receive additional services through OPTIMISTIC.

OPTIMISTIC strives to improve transitional care and avoid unnecessary hospitalizations

- Improving provider-to-provider communication
- Training to identify warning signs for proactive medical evaluation
- Educating families and caregivers and preparing them for transition procedures
- Focusing on follow-up with receiving physicians



Utilizing technology for quality improvement

With comprehensive data collection techniques and real-time monitoring, improvement of the OPTIMISTIC program will continue through the life of the program.