

OPTIMISTIC is a four year multi-component quality improvement program to support nursing facilities in redesigning and improving care delivery processes.

Optimizing Patient Transfers, Impacting Medical quality, and Improving Symptoms: Transforming Institutional Care

## • OPTIMISTIC:

Caring for residents -Improving quality of life

optimistic-indy.com 317.274.9114 For further information

Contact the OPTIMISTIC team

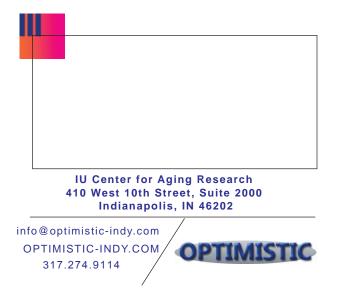
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# What is **OPTIMISTIC**

An initiative funded by Centers for Medicare and Medicaid Services designed by medical providers for Indiana long stay nursing home residents, which includes:

Support for residents and staff by a project nurse and nurse practitioner



Implementation of best practices to enhance medical care





## **OPTIMISTIC:** goals

**Reduction in unnecessary hospitalizations** through enhanced care and communication

#### Provide onsite training and mentorship for nursing home staff to improve medical care

Offer improved support for advance care planning and palliative care

Who is participating? Long stay residents in 19 partner nursing facilities in central Indiana are eligible to receive additional services through OPTIMISTIC.



Improving care

conditions

care management

Enhanced care transitions

Systematic advance care planning

for nursing home residents

Early recognition and management of acute

Patient-centered, evidence-based chronic

**OPTIMISTIC** strives to improve transitional care and avoid unnecessary hospitalizations

- Improving provider-to-provider communication
- Training to identify warning signs for proactive medical evaluation
- Educating families and caregivers and preparing them for transition procedures
- Focusing on follow-up with receiving physicians



### Utilizing technology for quality improvement

With comprehensive data collection techniques and real-time monitoring, improvement of the OPTIMISTIC program will continue through the life of the program.