



Bladder Buzz



Week 6

Sumo Fun Urinary Incontinence Cue Cards

This week's material is designed to help staff further memorize the types of urinary incontinence urinary incontinence and reviews urinary incontinence treatment and intervention strategies .

Learning Objective:

- *Staff will be able to identify and differentiate between types of urinary incontinence: stress incontinence, urge incontinence, mixed incontinence, overflow incontinence, and functional incontinence.*
- *Staff will be able to identify and differentiate between types of treatments and interventions for urinary incontinence: prompted voiding, bladder rehabilitation/retraining, and habit training/scheduled voiding.*

Suggestions for use:

- *Give a small reward for staff that can name and define the different types of urinary incontinence.*
- *SUMO Fun Urinary Incontinence Cue Cards should be posted where staff members frequently congregate. Examples are bulletin boards in the staff break room, staff restrooms, and nurse's stations, etc.*



Center for
**Healthy Aging
and
Wellness**

health.usi.edu/chaw
College of Nursing and
Health Professions
University of Southern Indiana
8600 University Boulevard
Evansville, Indiana 47712
812/461-5329