



Bladder Buzz



Week 4

SUMO Fun Intervention and Treatment Poster SUMO Fun Intervention and Treatment Handout

This week's items highlights the types treatments and interventions for urinary incontinence . It is the Bladder Buzz team's expectation that as staff understand why some methods of urinary incontinence management are more effective, they will feel more empowered to implement or adhere to an urinary incontinence management plan.

Learning Objectives:

- *Staff will be able to identify and differentiate between types of treatments and interventions for urinary incontinence: prompted voiding, bladder rehabilitation/retraining, and habit training/scheduled voiding.*

Suggestions for Use:

- *Hang posters in prominent staff-only areas.*
- *Have staff participate in a role play exercise. Using three teams of two, giving them 10 minutes to prepare, have one staff member be the resident and one the staff.*
- *Put resident names in a hat or can and have each staff member draw a name. Give five minutes for them to decide which method of management they would use with that patient and describe why they chose that method.*



Center for
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and
Wellness**

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