



Functional Incontinence
May occur because of physical weakness, cognitive problems, medications, or environmental barriers

Overflow Incontinence
Bladder is distended from urine retention

Mixed Incontinence
Combination of urge incontinence and stress incontinence

Urge Incontinence
Abrupt urgency and frequency...
Gotta go...Gotta go...Gotta go

Stress Incontinence
Loss of a small amount of urine with physical activity such as coughing, sneezing, laughing, or lifting



Stress Incontinence

Loss of a small amount of urine with physical activity such as coughing, sneezing, laughing, or lifting

Urge Incontinence

Abrupt urgency and frequency...
Gotta go...Gotta go...Gotta go

Mixed Incontinence

Combination of urge incontinence and stress incontinence

Overflow Incontinence

Bladder is distended from urine retention

Functional Incontinence

May occur because of physical weakness, cognitive problems, medications, or environmental barriers

