



Bladder Buzz



Week 2

Sumo Fun Types of Urinary Incontinence Poster Sumo Fun Types of Urinary Incontinence Handout

Welcome to Week 2 of Bladder Buzz! The next few weeks' materials will help staff to retain urinary incontinence knowledge and become more comfortable with the subject. This week features posters that covers the different types of urinary incontinence. Being aware of the specific types of urinary incontinence can aid in both identifying and implementing a treatment.

Learning Objective:

- *Staff will be able to identify and differentiate between types of urinary incontinence: stress incontinence, urge incontinence, mixed incontinence, overflow incontinence, and functional incontinence.*

Suggestions for use:

- *Have a small discussion about one of the types of incontinence each day of Week 2.*
- *Give a small reward for staff that can name and define the different types of urinary incontinence.*
- *Posters on the types of urinary incontinence should be posted where staff members frequently congregate. Examples are bulletin boards in the staff break room, restrooms, and nurse's stations.*
- *Cover the type of urinary incontinence and have staff members try to remember the name of the type of incontinence.*
- *Cover the definition and have staff members describe the symptoms of the type of urinary incontinence.*
- *Have various staff members read the definitions round table style.*



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