



Bladder Buzz

Week 1

Case Study



We are excited to begin this journey with you today. The Bladder Buzz team at the University of Southern Indiana has created this program with you in mind. Through several years of research, the Bladder Buzz multidisciplinary team has created a program specifically for care setting staff to help dispel myths about urinary incontinence and to improve knowledge related to urinary incontinence. This program is designed for staff in care settings that provide care for elders with urinary incontinence. The Bladder Buzz team has created a 7 week program to help you in providing the best care possible for your residents.

Each week, the Bladder Buzz facilitator will introduce a new item from the Bladder Buzz kit. These items are designed to increase familiarity both with the types of urinary incontinence and interventions that may be utilized in a fun interactive way.

Enjoy the next seven weeks as you learn more about urinary incontinence. With this additional knowledge you will have the potential to improve the quality of life of the residents for whom you care!

Thank you for your participation!

When done with Welcome

The Week 1 activity is a Case Study. Break into groups of three or four. (Try to have a mixture of job titles in each of the groups.) *Read Part One aloud to the group and discuss the Part One questions in each small group. Rejoin for a large group discussion on Part One questions before moving on to Part Two.* Now let's move on to Part Two. *Read Part Two aloud to the group. Discuss the Part Two questions in each small group. Then, Rejoin for a large group discussion of the Part Two questions.*

Learning Objectives:

- *Staff will understand the need for urinary incontinence assessment skills and their relevance to resident quality of life.*
- *Staff will feel encouraged to dialog with residents and others involved in patient care regarding needs for management of urinary incontinence.*



Center for
**Healthy Aging
and
Wellness**

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